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\ "Psychological Strategies for the Treatment of Chronic and Procedural Pain\" by Neil Schechter von OPENPediatrics vor 2 Jahren  
43 Minuten 1.727 Aufrufe In this video, Drs. Schechter, Logan, Coakley and Chambers discuss the role that psychologists play in the , treatment , of pediatric ...

[Lift Depression With These 3 Prescriptions- Without-Pills | Susan Heitler | TEDxWilmington](#)

Lift Depression With These 3 Prescriptions- Without-Pills | Susan Heitler | TEDxWilmington von TEDx Talks vor 4 Jahren 16

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Minuten 1.019.491 Aufrufe

NOTE FROM TED: This talk, which was filmed at a TEDx event, contains assertions about , treating , depression based on the ...

[Be Present: How to Develop Positive Coping and Thriving Skills | Javier Sanchez | TEDxInnovationDr](#)

Be Present: How to Develop Positive Coping and Thriving Skills | Javier Sanchez | TEDxInnovationDr von TEDx Talks vor 2 Jahren 14 Minuten, 47 Sekunden 4.146 Aufrufe Javier is recognized both nationally and internationally as a leader in developing effective ,

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strategies , for youth and community ...

[Generalized Anxiety Disorder: The CBT Approach](#)

Generalized Anxiety Disorder: The CBT Approach von The Washington Center for Cognitive Therapy vor 2 Jahren 36 Minuten 279.548 Aufrufe In this video, anxiety disorder specialist, Dr. Vincent Greenwood, provides a comprehensive understanding of the basic ...

[Coping with Chronic Illness, Kristen E. Holm, PhD, MPH](#)

Coping with Chronic Illness,

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Kristen E. Holm, PhD, MPH  
von NTMir vor 2 Monaten 1  
Stunde, 17 Minuten 156  
Aufrufe

[Obsessive Compulsive Disorder OCD Treatment Tips \u0026 Help](#)

Obsessive Compulsive Disorder OCD Treatment Tips \u0026 Help von Anxiety \u0026 OCD Discernment vor 4 Jahren 17 Minuten 850.640 Aufrufe Obsessive Compulsive Disorder (OCD) , Treatment , tips \u0026 help for intrusive thoughts. An experienced teacher talking about how he ...

[How a Doctor Cured Her](#)

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[Autoimmune Disease with Functional Medicine](#)

How a Doctor Cured Her Autoimmune Disease with Functional Medicine von Mark Hyman, MD vor 1 Jahr 1 Stunde, 15 Minuten 740.688 Aufrufe Think about how different our medical system would be if all doctors were required to have an extreme health crisis before ...

[How to end stress, unhappiness and anxiety to live in a beautiful state | Preetha ji | TEDxKC](#)

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Preetha ji | TEDxKC von TEDx Talks vor 3 Jahren 18 Minuten 2.845.054 Aufrufe If you are stressed-out, anxious or , chronically , unhappy; this talk will lead you through an authentic journey of self-knowing and ...

[How to fix the exhausted brain | Brady Wilson | TEDxMississauga](#)

How to fix the exhausted brain | Brady Wilson | TEDxMississauga von TEDx Talks vor 3 Jahren 18 Minuten 1.663.669 Aufrufe What if you could energize your brain? Brady Wilson discusses the chemistry of



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connection and motivation.

Brady Wilson is ...

[How to Deal with Difficult People | Jay Johnson | TEDxLivoniaCCLibrary](#)

How to Deal with Difficult People | Jay Johnson | TEDxLivoniaCCLibrary von TEDx Talks vor 2 Jahren 15 Minuten 2.224.870 Aufrufe From co-workers and colleagues to friends and family, we are faced with challenging relationships daily. Unfortunately, we often ...

[Why It's Hard To Turn Stress \(Cortisol\) Off? - Dr.Berg](#)

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von Dr. Eric Berg DC vor 5

Jahren 7 Minuten, 54

Sekunden 1.483.033 Aufrufe

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Soul Stories von SoulPancake

vor 1 Jahr 3 Minuten, 27

Sekunden 159.253 Aufrufe We

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asked people living with depression and anxiety to share some advice for anyone who may also be struggling with a mental ...

[Maladaptive Coping: \"Coping\" that Creates More Stress](#)

Maladaptive Coping: \"Coping\" that Creates More Stress von Counselor Carl vor 4 Jahren 4 Minuten, 57 Sekunden 7.146 Aufrufe Counselor Carl (<http://serenityonlinetherapy.com>) explains that maladaptive , coping , is when the very way we , cope , with stress ...

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[What is Complex PTSD and How can it be Managed?](#)

What is Complex PTSD and How can it be Managed? von Gift From Within- PTSD Resources vor 7 Jahren 3 Minuten, 18 Sekunden 89.694 Aufrufe In this webcast, Dr. Frank Ochberg, an expert on traumatic stress explains how to , cope , and manage your , chronic , PTSD ...

[Sensory Coping Skills- Using your Body to Cope with and Calm Big Emotions](#)

Sensory Coping Skills- Using your Body to Cope with and Calm Big Emotions von Therapy in a Nutshell vor 1

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Jahr 4 Minuten, 46 Sekunden

14.751 Aufrufe Coping Skills

, are essential to managing big emotions without doing something stupid, but it can be hard to calm yourself down ...

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